



Schooling – the new normal

Back by popular demand, well-known Clinical Psychologist, **Andrew Fuller**, will give us some insight into helping our children thrive in this challenging time of online learning.

Andrew has worked with 1000's schools, families and children to help build "The Resilient Mindset" which he defines as "the happy knack of being able to bungy jump through the pitfalls of life to rise above adversity and obstacles".

Andrew has always been inspired in his mission to help people create futures they can fall in love with.

Topics covered will include:

- Learn how not to turn the challenge of home learning into a crisis
- Be mindful in the moment
- Make plans that create differences
- Building a positive mindset about returning to school

This session is suitable for parents and carers of children in early years and primary school settings.

When: Tuesday September 1st 2020

Time: 7.00pm -8.00pm

Where: This session will be **online**. The link will be emailed once you register for the event.

Cost: FREE

Presented by: Andrew Fuller: www.andrewfuller.com.au

Bookings at: <https://www.trybooking.com/BKYAR>

